

Globe Star
“Mentoring a Spirit of Gentleness”

Reviewing the Quality of Community Life

For: _____

Date: _____

Reviewing the Quality of Community Life

In review of these four areas: quality of life values, building companionship and community, quality of life elements and quality of life assets we need to identify progress and recommendations within the past three months. Also, to identify any progress and recommendations within the teaching component of the person’s Quality of Life plan.

A. Quality of Life Values

1. Discuss each of the eight quality of life values. Identify the progress of possibilities and vulnerabilities along with the dreams and longings within each value.
2. We then need to identify what actions that might be changed or added as a informal or formal aspiration to improve the individual’s quality of life.

Quality of Life Values

Basic Values	Progress Dreams and Longings Possibilities and Vulnerabilities	Recommendations for the Teaching Direction
Bodily Integrity - being healthy, being decently clothed, being clean, being well fed, etc.		
Feeling Safe - wanting to be with others, not being afraid of people with whom you live, not being afraid to go outside, feeling relaxed in interactions with others, etc.		

<p>Feeling Self-Worth - seeing oneself as good, being recognized as a person, feeling pride, expressing personal gifts and talents.</p>		
<p>Having a Life Structure - sensing a life-plan, having daily routine, having your own rituals and beliefs.</p>		
<p>A Sense of Belongingness - having a close circle of friends, loving others and being loved by others, having a home, feeling companionship.</p>		
<p>Social Participation - being able to have contact with the community, living between others, partaking of community-life.</p>		
<p>Having Meaningful Daily Activities - enjoying one's daily activities, having activities which fit in your life-plan.</p>		
<p>Inner Contentment - feeling inner harmony, free from traumatic experiences.</p>		

B. Building Companionship and Formulating a Sense of Community

1. Discuss the progress of building companionship and formulating community to identify the progress of possibilities and vulnerabilities along with the dreams and longings as we facilitate this building of companionship and community.
2. We then need to identify what actions that might be changed or added as a informal or formal aspiration to improve the individual's quality of life.

Building Companionship and Formulating a Sense of Community

Companionship and Community Building Activities	Progress Dreams and Longings Possibilities and Vulnerabilities	Recommendations for the Teaching Direction

C. Quality of Life Elements

1. Discuss the progress of Quality of Life Elements to identify the possibilities and vulnerabilities along with the dreams and longings to improve the individual’s quality of life.
2. We then need to identify what actions that might be changed or added as a informal or formal aspiration to improve the individual’s quality of life.

Quality of Life Elements

Quality of Life Elements	Progress Dreams and Longings Possibilities and Vulnerabilities	Recommendations for the Teaching Direction
Medical, Dental, and other Health Related Issues		
Communication		
Personal Safety		
Mobility and Transportation		

Human Awareness and Sexuality		
Financial		
Mentoring Support		
Other lifestyle issues		

D. Quality of Life Assets

An important component in identify one’s assets is reviewing the experience and support that has been seen as we improve the quality of life for the individual we are working with. This area reviews all the external and internal assets one has in their Quality of Life Plan.

<i>Assets</i>	Identification of any Changes in Assets	Recommendations for Improving Assets
<i>External Assets</i>		
Support		
Empowerment		
Barriers and Expectations		
Constructive Use of Time		
<i>Internal Asset</i>		
Commitment to Learn		
Positive Values		
Social Competencies		
Positive Identity		

E. The Teaching Form: Reviewing One’s Experience and Level of Support

An important component in identify one’s progress is reviewing the experience and support that has been seen as we improve the quality of life for the individual we are working with. This area reviews all the teaching plans one has in their Quality of Life Plan.

The Teaching Area	Progress Identify Sequence of Task Degree of Support	Recommendations for the Teaching Direction

F. The Overall Experience and Level of Support

Primary Caregiver

Date

Mentor Signature

Date

Servant Leader Signature

Date