

# **GLOBE STAR**

*“Mentoring a Spirit of Gentleness”*



Anthony M. McCrovitz  
Quality of Life Plan  
September 11, 2001

## ***A Brief History of Tony***

### ***The Life Story of Tony***

*Bodily Integrity*  
*Feeling Safe*  
*Feeling Self-Worth*  
*Having a Life of Structure*  
*A Sense of Belongingness*  
*Social Participation*  
*Having Meaningful Daily Activities*  
*Inner Contentment*

### ***Present Quality of Life for Tony***

*Bodily Integrity*  
*Feeling Safe*  
*Feeling Self-Worth*  
*Having a Life of Structure*  
*A Sense of Belongingness*  
*Social Participation*  
*Having Meaningful Daily Activities*  
*Inner Contentment*

## ***Building Companionship and Formulating a Sense of Community for Tony***

### ***Quality of Life Elements for Tony***

*Medical, Dental, and other Health Related Issues*  
*Communication*  
*Personal Safety*  
*Mobility and Transportation*  
*Human Awareness and Sexuality*  
*Financial*  
*Mentoring Support*  
*Other lifestyle issues*

## ***Tony's Quality of Life Assets***

***Quality of Life Support Plan for Tony***

<b>Bodily Integrity</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Feeling Safe</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Feeling Self-Worth</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Having a Life of Structure</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>A Sense of Belongingness</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Social Participation</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Having Meaningful Daily Activities</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>

<b>Inner Contentment</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Companionship and Community Building</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Medical, Dental, and other Health Related Issues</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Communication</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Personal Safety</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Mobility and Transportation</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>

<b>Human Awareness &amp; Sexuality</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Financial</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Mentoring Support</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>
<b>Other Lifestyles Issues</b>				
<i>Dreams and Longings</i>	<i>Vulnerabilities (-) and Possibilities (+)</i>	<i>Actions</i>	<i>Strategies/Interaction (Methodology)</i>	<i>Outcomes-Timeframe</i>