

GLOBE STAR

“Mentoring a Spirit of Gentleness”



“Facilitating a Spirit Of Gentleness”

Name: _____
 Date: _____
 Caregiver: _____

TEACHING GOAL

Instruction: Write down as concrete as possible what you want to teach the person, point out the relation of this goal to teaching a feeling of companionship.

USE OF TOOLS

Instruction: write down how you use your hands, words, eyes and presence as a teaching tool. Write down how you handle you presence if the person seems to want to withdraw from you. Take notice of the bad experiences the person may have had with your tools in the past.

Tools	How do you use your tools?
Hands	
Words	
Eyes	
Presence	

Comments/concerns:

USE OF ACTIVITY, MATERIALS, DIALOGUE

Write down which activity you will do with the person to support the teaching-process and to teach a feeling of belongingness. Write down (if necessary) possible topics for a dialogue.

Activity	What support do you give?	How do you teach a feeling of belongingness?

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Comments/concerns:

TALENTS OF THE PERSON

Write down the talents and possibilities of the person that you can use in the teaching process. Use the list of talents you made and the assessment if the possibilities related to the basic values.

Basic Values	How do you use the person's talents and possibilities in the teaching process?
Bodily Integrity - being healthy, being decently clothed, being clean, being well fed, etc.	
Feeling Safe - wanting to be with others, not being afraid of people with whom you live, not being afraid to go outside, feeling relaxed in interactions with others, etc.	
Feeling Self-Worth - seeing oneself a good, being recognized as a person, feeling pride, expressing personal gifts and talents.	
Having a Life Structure - sensing a life-plan, having daily routine, having your own rituals and beliefs.	
A Sense of Belongingness - having a close circle of friends, loving others and being loved by others, having a home, feeling companionship.	
Social Participation - being able to have contact with the community, living between others, partaking of community-life.	
Having Meaningful Daily Activities - enjoying one's daily activities, having activities which fit in your life-plan.	
Inner Contentment - feeling inner harmony, free from traumatic experiences.	

Comments/concerns:

SUPPORT TO BE GIVEN

Write down in which situations the person may need your help and how you will give that help without the person experiencing your help as domineering.

What situations does The person need your help?	How do you facilitate your help without domineering?

Comments/concerns:

TEACHING PLACE/MOMENT

Write down the best place and the best time for the teaching session to take place. Think about the necessary safety, calmness etc.

Teaching Session	Best Place	Best Time	What elements is needed?

Comments/concerns:

PREVENTING DISTURBING FACTORS

Write down events that may disturb the teaching process and how you can prevent them from happening. Also write down how you will react if you could not prevent it. Don't only look for environmental events, but also your own reactions to the person. Use your personal assessment.

What events disturb the teaching process?	How can you prevent this event from happening?	How will you react?

Comments/concerns:

Personal teaching plan priorities:

Long term personal goal:

Measurable short term goals towards achievement	Date to be accomplished	Date accomplished	Comments