

GLOBE STAR

“Mentoring a Spirit of Gentleness”



Community-Centered-Celebrations

Name: _____

Date: _____

Facilitator: _____

PHASE ONE—GETTING READY TO DREAM

WHO ARE FRIENDS?

- First step:* Those who care for and about the person. These will often involve persons who are in supportive capacities—a parent or family member, a teacher, a teacher aide, a direct caregiver, a “professional involved in the person’s life
- Second step:* An expansion of those who would “normally” make up what we call friends
- Third step:* A normalization of the circle of friends—family members, neighbors, community members

First Step

Those who Care	Role	What Supports Given	Quality of Activities

Second Step

Those who are called Friends	Define the meaningful activity one does	What Support	Quality of Time

Third Step

Other members within the circle of friends	Role	What Support	Quality of Time

PHASE THREE-- LOOKING AT THE DREAM FOR THIS YEAR

PICTURING THE FUTURE THROUGH OUR COLLECTIVE IMAGINATION...
QUESTIONS TO ASK...

*We are here in this same place a year from now.
What do we see?*

What do we hear?

What do we feel?

Where do we see the person living, working, or going to school?

Who are the main people in the person's life?

How do we see in the person?

"You say friendship. Tell me what that is. Who do you see? What do you see?"

"You say happiness. Tell me what that is. What do you see?"

"You say the person likes their caregivers. Tell me what that is. What do you see?"

"You say no area of difficulties. Tell me what the person is doing instead. What do you see?"

"You say not feeling miserable. Tell me what you see that says the person does not feel miserable."

"You say independent. Tell me how this makes the person feel safer and more valued!"

"You say meaningful daily activities. Tell me how that will make the person feel more engaged!"

PHASE FOUR-- GROUNDING IN THE HERE-AND-NOW

QUESTIONING ABOUT GEARING UP FOR THE JOURNEY...	GEARING UP FOR THE JOURNEY...
<ul style="list-style-type: none"><li data-bbox="302 300 818 359">❑ “Tell me what you see! Who can we identify to make the person feel companionship?” <li data-bbox="302 604 829 695">❑ “Tell me how we can start to make the person feel safe and valued in both places. Who can help right now?” <li data-bbox="302 940 703 999">❑ “What does that mean in terms of companionship and community?” <li data-bbox="302 1245 829 1335">❑ “Who can help the person feel safe during meaningful activities with the person’s family and friends?” <li data-bbox="302 1581 818 1671">❑ “Who can help review and interpret those actions that facilitate improving the person’s quality of life?”	

PHASE EIGHT-- ENDING THE CELEBRATION

Closing the community-centered celebration should involve a down-to-earth summary of what has been celebrated and each member of the circle should be asked to give a picture-phrase of where the person will be a year from now. At the end, the facilitator should ask each individual to reach out and thank all in the group. Also, the circle should not leave until it knows when and where it will meet again to review its progress.

Member	Picture-Phase

COLLECTIVE COMMITMENTS FROM THE PERSON'S CAREGIVERS

The group talked about ways to help the person move toward his/her dream:

Dream	What ways to help the person move towards their dream?